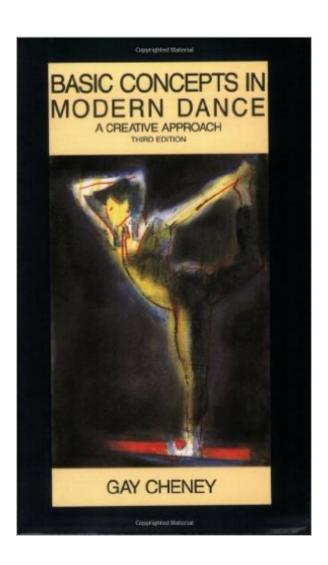
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# Basic Concepts In Modern Dance: A Creative Approach (Dance Horizons Book)





# Synopsis

An introduction to modern dance and body movement techniques, this guide begins with an overview of the history of modern dance and proceeds to a discussion of basic body movement, improvisation, and choreography. A series of clearly photographed exercises enables the dancer to execute each movement properly and to learn to use the body more effectively and expressively.

### **Book Information**

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